

Glencoe & Mingarry Parishes – Newsletter
(St Mun's, Brecklet, Ballachulish, The Good Shepherd, Riverside Rd Kinlochleven,
Our Lady of the Angels, Mingarry & St Agnes, Glenuig)
24/25th Jan 2026
Third Sunday – Year A – Sunday of the Word of God

Mass times for the week

Sat 24 th Jan	Kinlochleven	6.00pm	3 rd Sunday, Year A – People of the Parish
Sun 25 th Jan	Ballachulish	10.00am	3 rd Sunday, Year A -
	Mingarry	No Mass	
	Glenuig	1.00pm	3 rd Sunday, Year A – People of the Parish
Mon 26 th Jan	Mingarry	10.00am	St Timothy & St Titus, Memorial
Tues 27 th Jan	Ballachulish	10.00am	3 rd Week in Ordinary Time
Thur 29 th Jan	Ballachulish	10.00am	3 rd Week in Ordinary Time
Frid 30 th Jan	Ballachulish	10.00am	3 rd Week in Ordinary Time
Sat 31 st Jan	Ballachulish	10.00am	Our Lady on Saturday
Sat 31 st Jan	Kinlochleven	6.00pm	4 th Sunday of the Year - A
Sun 1 st Feb	Ballachulish	10.00am	4 th Sunday of the Year - A
	Mingarry	1.00pm	4 th Sunday of the Year - A
	Glenuig	No Mass	
Confession Before Mass or at any time on request			Divine Office – Vol 1, Week 3 Weekday readings – 3rd Week of the Year!

Parish News

Welcome - A very warm welcome to both regular and first-time visitors to our parish. We are glad you chose to visit our beautiful communities. We are equally happy to help you give thanks in our Churches to the God whose creation you have come to enjoy. Welcome also to our beloved parishioners and thank you all.

Welcome to Fr Ekpeme Ekpe, MSP – We are very delighted to welcome Fr Ekpe who will provide cover for Fr Joe who's away on holiday. He will be in the parish from Saturday 24th January. He will have access to the Glencoe parish phone: 01855811203 or may be contacted on: 07466664377.

Weekday Masses - Fr Ekpeme is happy to celebrate weekday Masses and these will be announced every Sunday.

Patronal Feast of St Agnes Glenuig – Mass this Sunday for Mingarry Parish will be at St Agnes, Glenuig, 1.00pm to mark the Patronal Feast of St Agnes, which took place during the week on the 21st of January. Happy Feast Day!

Lent 2026 – Mass on Ash Wednesday and Distribution of Ashes will be at St Mun's, Ballachulish, 10.00am.

For Mingarry Parish, there will be no Mass on Ash Wednesday. However, due to pastoral situation, distribution of Ashes will take place on the 1st Sunday of Lent.

Annual Lenten Retreat: The Ignatian Spirituality Centre are delighted to be running an online annual Lent retreat this year. The retreat can also be accessed online - here is the link if you wish to add it to your parish newsletter:

<https://www.onlineprayer.net/L26-M/>

The Week of Prayer for Christian Unity (WPCU) 2026 – January 18-25, theme: "One Body, One Spirit" with Ephesians 4:1-3, as the key text. Please join in praying for Christian Unity. Resources are available at <https://www.christianunity.va/content/unitaristi/en/settimana-di-preghiera-per-l-unita.html>

The (7th) Sunday of the Word of God, 2026 – This Sunday, January 25, 2026. The theme: "The word of Christ dwells among you" (Colossians 3:16), urges Christians to deepen their connection to Scripture. Pope Francis in establishing this day in 2009, called for the celebration, study, and sharing of the Bible. *see link* <https://www.vaticannews.va/en/pope/news/2019-09/pope-motu-proprio-sunday-word-of-god.html>. The celebration of the Sunday of the Word of God this year brings to a fitting conclusion, the Week of Prayer for Christian Unity, even as it falls this year on the Feast of the Conversion of Saint Paul, the apostle of the Gentiles who exhorts: *And we also thank God constantly for this, that when you received the word of God, which you heard from us, you accepted it not as the word of men but as what it really is, the word of God, which is at work in you believers (1Thes 2.13).*

Sick & Housebound – Let us continue to keep all the sick & housebound in our prayers. Please do ring the parish office to request for visit either for yourself or on behalf of a sick parishioner.

Update from Fr Joe: Please keep me in your prayers as I begin my holidays tomorrow and kindly look after Fr Ekpeme.

MSP Day 2026 Celebration - The Missionary Society of St Paul of Nigeria, UK Region would like to sincerely thank you for supporting this year's annual MSP Day celebration, which took place on Friday 23rd January at Our Lady of the Rosary Church, Brixton. Our Bishop Brian McGee, Catholic Bishop of Argyll and the Isles Diocese was the Chief Celebrant and he did us proud.

RC Diocese of Argyll and the Isles. Charity Reg: SC002876

Parish Priest - Fr Joseph Udoh, MSP, St Mun's, Brecklet, Ballachulish, PH49 4JG; Tel: 01855 811 203

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Use this QR Code to donate to St
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Shepherd, Kinlochleven



Use this QR Code to donate to Our
Lady of the Angels, Mingarry & St
Agnes, Glenuig



US CITIZENS - YOU CAN DONATE TO SUPPORT THE DIOCESE OF ARGYLL & THE ISLES

Our Lady of Argyll and the Isles Charity is a United States of America 501c3 non-profit supporting the efforts of the Roman Catholic Diocese of Argyll and the Isles in Scotland. Donations through the charity are generally tax deductible in the US as allowed by law and you will receive an immediate receipt for your donation.

Please scan the QR code to the left or visit our website: www.OLAATI.org to learn more about our wonderful diocese and how your donation will impact our community.

Thanks for your generous financial support to the parish.

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Third Sunday in Ordinary Time (A)

Gospel text (Mt 4:12-23): *"Jesus went around all of Galilee"*

Today, Jesus gives us a lesson in "holy prudence," perfectly compatible with boldness and courage. Indeed, He—who does not fear proclaiming the truth—decides to withdraw when He learns that, just as they had done with John the Baptist, His enemies want to kill Him: "Go away, leave this area because Herod wants to kill you" (Lk 13:31). If the One who went about doing good was targeted by His detractors, we should not be surprised if we too suffer persecution, as the Lord foretold.

"When Jesus heard that John had been arrested, he withdrew to Galilee" (Mt 4:12). It would be imprudent to court danger without a proportionate reason. Only in prayer do we discern whether silence or inactivity—letting time pass—are signs of wisdom, or of cowardice and lack of fortitude. Patience, the science of peace, helps us decide serenely in difficult moments, provided we do not lose our supernatural outlook.

"He went around all of Galilee, teaching in their synagogues, proclaiming the gospel of the kingdom, and curing every disease and illness among the people" (Mt 4:23). Neither threats, nor fear of what people might say, nor possible criticism should hold us back from doing good. Those of us called to be salt and light—agents of good and truth—cannot give in to the blackmail of threats, which so often amount to nothing more than hypothetical or merely verbal danger.

Let us be resolute and bold, without seeking excuses to postpone apostolic action until "later." It is said that "later" is the adverb of the defeated. That is why Saint Josemaría recommended "Here is a recipe to make your apostolic spirit effective: make definite plans, not for the whole week but for the day ahead, for this moment and the next".

Fulfilling God's will, being just in every setting, and following the judgment of a well-formed conscience require a fortitude we must ask for—for everyone—because the danger of cowardice is great. Let us ask our Mother in Heaven to help us always and in everything to do God's will, imitating her fortitude at the foot of the Cross.

Fr. Josep RIBOT i Margarit(Tarragona, Spain)

Thoughts on Today's Gospel

- "I am not devoid of merit as long as he is not of mercy. But what if I am aware of my many failings? Then, where failings abounded, grace abounded all the more. And if the mercies of the Lord are from eternity to eternity, I for my part will chant the mercies of the Lord forever." (St Bernard)
- "Put out into deep water and let down your nets for catch. You too are called to become 'fishers of men'. Don't hesitate to spend your life witnessing joyfully to the Gospel, especially among your peers." (Francis)
- "Those who with God's help have welcomed Christ's call and freely responded to it are urged on my love of Christ to proclaim the Good news everywhere in the world...." (Catechism of The Catholic Church, No3)

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