

September 29th - Feast of the Archangels Saints Michael, Gabriel and Raphael.

Angels are pure, created spirits. The name 'angel' means servant or messenger of God. Angels are heavenly beings; have no bodies and are immortal, living forever in Heaven.

Michael was the archangel who fought against Satan and all his evil angels, defending all the friends of God.

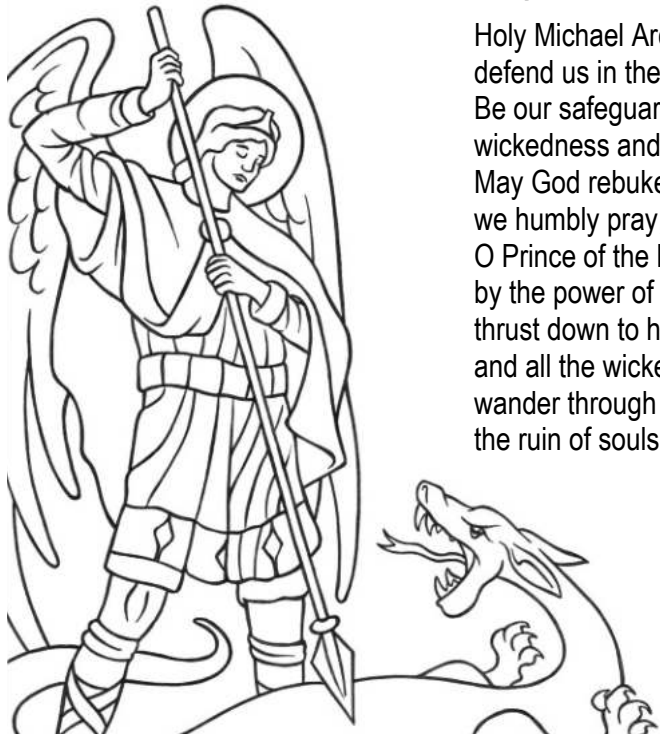
Gabriel was the angel who told Zachariah about the forthcoming birth of John the Baptist and to Mary, the birth of Jesus.

Raphael was the archangel who in the Bible took care of Tobias on his journey.

Prayer to St Michael

Holy Michael Archangel,
defend us in the day of battle.
Be our safeguard against the
wickedness and snares of the devil.
May God rebuke him,
we humbly pray, and do thou,
O Prince of the heavenly host,
by the power of God,
thrust down to hell Satan
and all the wicked spirits who
wander through the world for
the ruin of souls.

Amen.



St. Mun's Monthly

For our young parishioners

September 8

The Nativity of the Blessed Virgin Mary



The nativity (birthday) of Our Blessed Lady is a special and important Holy Day we celebrate every year.

Hail Holy Queen

Hail, holy Queen,
Mother of mercy, our life,
our sweetness and our hope.
To thee do we cry,
poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping
in this vale of tears.
Turn, then, most gracious advocate,
thine eyes of mercy toward us,
and after this, our exile,
show unto us the blessed fruit
of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

Pray for us, O holy Mother of God.
That we may be made worthy of the
promises of Christ.

September 14

The Exaltation of the Holy Cross

The cross is the most widely used image in history.

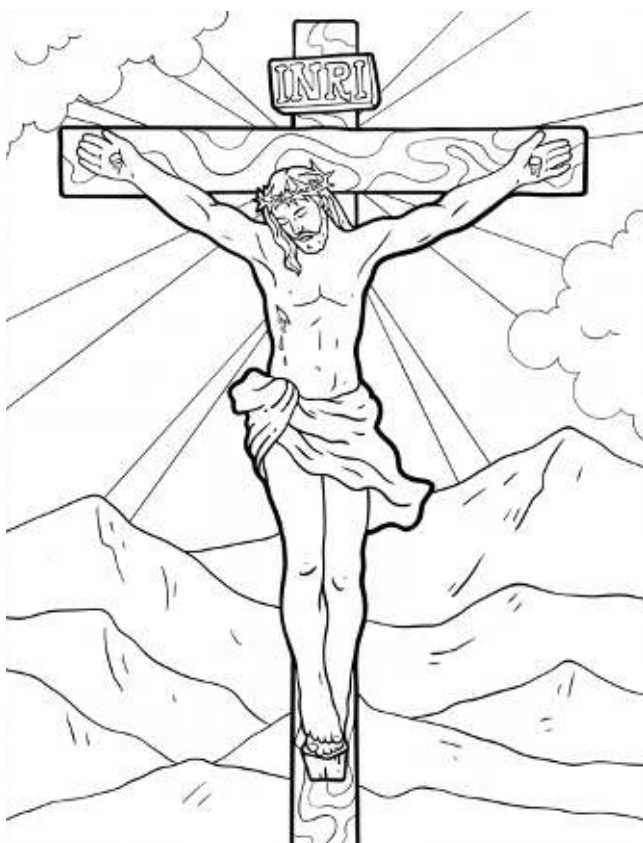
You will know that Jesus died on a cross.

The **crucifix**, a cross bearing an image of Jesus being crucified, is a typical Christian symbol. The crucifix reminds us that Jesus was a true man as well as true God and that His suffering and death were very real and painful.

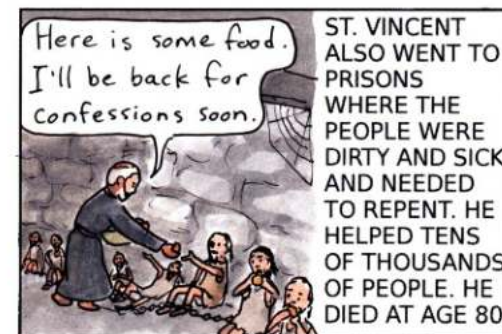
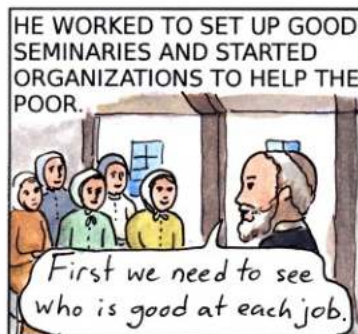
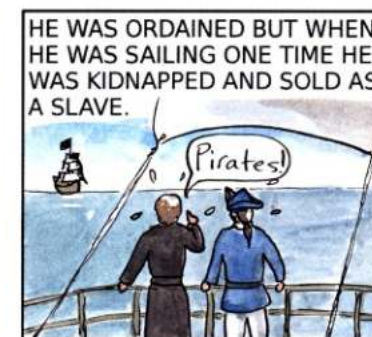
In every church there is a large crucifix visible to the people during their divine worship.

We have a crucifix in our homes and many of us wear a small one around our neck to remind us of the supreme love Jesus showed in dying for our sins.

We make the **Sign of the Cross** before we pray or go into church to make ourselves ready to fix our hearts and minds on God.



Saint Vincent de Paul September 27



SAINT VINCENT LIVED AT A TIME WHEN FEW PEOPLE CARED FOR THE POOR AND MANY PRIESTS DID NOT TAKE THEIR JOB SERIOUSLY. HE SPENT HIS LIFE HELPING PEOPLE WITH BOTH THEIR PHYSICAL AND SPIRITUAL NEEDS. WHAT CAN YOU DO TO HELP THE POOR? HOW CAN YOU HELP PEOPLE WHO NEED GOD?